

COMMUNITY REHABILITATION: DAY TREATMENT SERVICES

CERTIFICATIONS:

- Commission on Accreditation for Rehabilitation Facilities (CARF)

SERVICE ABILITIES:

- Serve persons with traumatic brain injuries and spinal cord injuries
- Ability to serve young adults over 18 and adults (no age limit) in multiple locations and community settings
- Programming is clinically based and outcome oriented
 - Staff reinforce/carry over therapeutic goals whether the client is in active rehabilitation or not
 - Staff measure daily success in terms of client engagement and satisfactions levels; this information is used to modify and improve programming
 - Bi-annually staff evaluate individual client progress using a national, standardized outcome tool (MPAI); the outcome scores are used to develop clinical pathways and modify treatment goals
 - Program is focused on achieving optimal quality of life for each client and the goal is to have each participant involved in at least one community based activity per day
- A personalized, choice-driven approach to establishing goals and programming
 - Upon admission an initial assessment/leisure and interest inventory is completed by a Certified Therapeutic Recreation Specialist to identify client's likes, dislikes, strengths and needs to determine their personalized goals
 - Offers day, evening and weekend activities and provides personalized care and support as needed
 - Day programming is more informal group activities and is organized by the staff in collaboration with the clients
 - Evening and weekend activities emphasizes more formal programming built around like abilities, interests, ages, gender and personal choices; the staff assist with linking up small groups of clients with similar likes and needs to engage in activities of their choice whether in the clinics or in the community
 - Scheduling is built around individual needs and preferences and allows for other therapeutic involvement (therapies, work, appointments, etc.)

KEY POINTS:

- Activities are used to address clinical and personal goals:
 - Reintegration into the community
 - Improving interpersonal skills and encouraging friendships
 - Addressing socially limiting behaviors
 - Cognitive skills and/or compensatory strategies
 - Addressing spiritual and cultural needs
 - Physical limitation/mobility issues
 - Engaging in personal interest activities (leisure and recreation choices)
 - Work activities
 - Promoting health and wellness (nutrition, diet, fitness, etc.)
 - Personal hygiene and grooming
 - Cooking and meal preparation
 - Continuing education (post secondary and enrichment classes)
 - Transitional Education support services
- Program Manager and the Case Manager(s) collaborate to drive the personalized approach to scheduling, goal setting, activity choices and all therapies and support services
- Family/guardian engagement is encouraged at all levels of the rehabilitation process

STAFF: THE SCIENCE OF CARING

- Intensive on-going staff training is provided and/or financially supported
- Diverse and culturally competent staff
- Exceptional staff longevity
- Key Staff:
 - Director of Community Rehabilitation Services
 - Wayne Day Treatment Services Associate Director
 - Oakland Day Treatment Services Associate Director
 - Case Manager, (Individual point of service clients)
 - Day Treatment Services Team Members and Point Persons

INSURANCE CONSIDERATIONS

Special Tree accepts a wide variety of insurance including Auto No Fault, Worker's Compensation, and a variety of health and accident insurances. Please contact our staff for questions about coverage or to discuss other possibilities.

ADMISSIONS

Individuals who meet the following criteria may be eligible to receive our services:

- Client has sustained a traumatic brain or spinal cord injury of recent or distant onset
- Age 18 years or older
- The client is medically stable and predicted to be able to participate in at least three hours of therapy per day
- Demonstrate the potential to make measurable progress toward interdisciplinary goals on a monthly basis
- Able and willing to participate in at least three hours of therapy, activities, or work per day
- Behavior that does not pose a risk to self or others
- Admission to Special Tree is open to all persons who are appropriate for and can benefit from services, regardless of religious preference, gender, race, sexual orientation, national origin, special food or dietary needs, clothing preference; language or cultural needs.

TRANSITION + DISCHARGE

Our goal is to provide care and rehabilitation to help clients achieve maximum independence in the least restrictive setting possible. As individuals progress and recover they may transfer to home or to a different program. Transitions between inpatient, residential, outpatient, and supported living programs are assessed on a case by case basis with guardian approval as needed. Transitions to supported living are assessed using a variety of ADL (Activities of Daily Living) and IADL (Instrumental Activities of Daily Living) criteria utilizing the Supported Living Assessment created by Special Tree.